

## **COVID-19 (Corona Virus 2019)**

Through various trials and tribulations, Allah (SWT) informs and warns us to be mindful of him, of his ultimate power, and that he is in control of all affairs. As Muslims, we are told to be prepared, proactive, patient, and put our trust in Allah (SWT). Any calamity or wide spread disease reminds us of his power. It serves like a wake up call so that we can humble ourselves in his service.

Covid-19 situation is evolving and we at ISNA are following the developments as they become available. According to the Centers for Disease Control and Prevention (CDC), **“for most people, the immediate risk of being exposed to the virus that causes COVID -19 is thought to be low. The virus is not currently widespread in the United States”**. Covid-19 is a respiratory disease caused by a new virus, which has been named as SARS-CoV-2.

The U.S. Government and its affiliated institutions, like the CDC are taking unprecedented steps to contain the spread of this disease. There is no need for panic at this stage however precautions must be taken.

ISNA will continue to monitor the situation and look to the federal, state and other agencies for guidance. Safety of our attendees and the community is our top priority. ISNA is currently not changing any upcoming event schedule, however we ask any participants to stay home, if they have any symptoms.

Please follow CDC’s recommendations for preparedness and prevention

### **Statistics Summary**

Cases Globally	110,000
Deaths	4000
Countries Affected	100
U.S. Cases	647

### **Useful Resources**

CDC Situation Summary

<https://www.cdc.gov/coronavirus/2019-ncov/summary.html>

World Health Organization

<https://www.who.int/>

Johns Hopkins University Resource Center

<https://coronavirus.jhu.edu/>

Islamic Medical Association of North America (IMANA)

<https://mailchi.mp/imana.org/imanas-list-of-coronavirus-covid-19-resources>

### **Common Precautions**

Those who are sick and have any symptoms of illness, please try to avoid going to the mosque or crowded public places. The Coronavirus as well as other viruses live on surfaces for several hours.

Frequent hand washing with soap and water, use sanitizers

Mosques should take extra precautions like availability of sanitizers, frequent scrubbing, and disinfecting areas of worship

Cover your nose and mouth with a tissue or flexed elbow when coughing and sneezing

Avoid close contact with anyone with cold or flu-like symptoms

Thoroughly cook meat and eggs

Avoid unprotected contact with live animals