BUILDING EMPATHY IN THE CLASSROOM

THE LIFE BOAT

WORK TOGETHER TO OVERCOME A CHALLENGE.

- YOU ARE INVOLVED IN A SHIPWRECK. TWELVE OF THEM MANAGED TO GET INTO A LIFE- BOAT. HOWEVER, AFTER A SHORT TIME EVERYONE REALIZES THAT THERE ARE TOO MANY PEOPLE ON BOARD. THE BOAT WILL CAPSIZE AND EVERYONE WILL DROWN UNLESS THREE PEOPLE ARE THROWN OUT. WHICH THREE WILL BE THE UNLUCKY ONES? NOBODY CAN SWIM AND THERE ARE NO LIFE JACKETS!

IN MIXED GROUPS, DECIDE WHO LEAVES THE LIFEBOAT.

- A SAILOR WITH A BROKEN ARM;
- A YOUNG MOTHER;
- HER SMALL CHILD;
- A MEALS-ON-WHEELS SERVICE FOR THE WHOLE COUNTRY;
- A SUCCESSFUL BUSINESS MAN WHO EMPLOYS 250 PEOPLE BUT WHO PAYS THEM AN UNJUST WAGE;
- THE LEADER OF A COUNTRY;
- A YOUNG NURSE;
- A TWELVE YEAR OLD MENTALLY RETARDED CHILD, THE ONLY SON OF A WIDOW AGED 40;
- A BLIND TEENAGE GIRL WHO IS A FAMOUS MUSICIAN;
- A 70 YEAR OLD MISSIONARY.

RESULTS

- HOW DID YOU FEEL WHEN DEALING WITH THIS ACTIVITY?
- WHAT CRITERIA DID THEY USE?
- WHAT PROBLEMS OR ISSUES DID THEY FACE?

https://www.youtube.com/watch?v=Brqkk30zxLY

“THE BELIEVERS IN THEIR MUTUAL KINDNESS, COMPASSION AND SYMPATHY ARE JUST LIKE ONE BODY. WHEN ONE OF THE LIMBS SUFFERS, THE WHOLE BODY RESPONDS TO IT WITH WAKEFULNESS AND FEVER.” [BUKHARI]

empathy

noun | em·pa·thy | \ˈem-pə-thē\

Simple Definition of EMPATHY

Popularity: Top 1% of lookups

: the feeling that you understand and share another person's experiences and emotions : the ability to share someone else's feelings

Source: Merriam-Webster's Learner's Dictionary

https://www.youtube.com/watch?v=1Evwgu369Jw

STATISTICS

- ACCORDING TO BARACK OBAMA, THE "EMPATHY DEFICIT" IS A MORE PRESSING POLITICAL PROBLEM FOR AMERICA THAN THE FEDERAL DEFICIT" (GAURDIAN,2013).

  81% OF 18- TO 25-YEAR-OLDS SAID THAT GETTING RICH WAS AMONG THEIR GENERATION'S MOST IMPORTANT GOALS; 64% NAMED IT AS THE MOST IMPORTANT GOAL OF ALL. IN CONTRAST, ONLY 30% CHOSE HELPING OTHERS WHO NEED HELP (PEW RESEARCH CENTER, 2007).

  MORE THAN 90% OF AMERICAN ADULTS REPORTED IT WAS IMPORTANT TO PROMOTE VOLUNTEERISM, YET GIVEN THE CHOICE, MORE THAN HALF OF THE SAMPLE CHOSE READING, WATCHING TELEVISION, AND VISITING IN-LAWS OVER VOLUNTEERING FOR OR DONATING TO CHARITY (KELTON RESEARCH, 2007).

  THE AVERAGE AMERICAN TEEN NOW SENDS AND RECEIVES AROUND 1,500 TEXT MESSAGES PER MONTH, AND NEARLY ALL TEENS USE THEIR PHONES FOR FUNCTIONS OTHER THAN TALKING, SUCH AS PLAYING GAMES AND LISTENING TO MUSIC (PEW RESEARCH CENTER, 2009).

EMPATHY: BULLYING

- THE PRESENCE OF EMPATHY FACILITATES PROSOCIAL BEHAVIOR
- THE PRESENCE OF BULLYING IN SCHOOLS IS VERY COMMON (INDIRECT, DIRECT)
- YOUNG STUDENTS
- MALES MORE THAN FEMALES
- LOW EMPATHY (BULLIES VS. PROSOCIAL)
- ANTI-BULLYING PROGRAMS INCORPORATE EMPATHY

EMPATHY: SCHOOL CLIMATE

- WEINER ELEMENTARY SCHOOL
- CREATE A SENSE OF COMMUNITY AND HAPPINESS
- WAY TO BRIDGE THE ACHIEVEMENT GAP
- NO RELATION TO LOW SOCIO-ECONOMIC BACKGROUND
- ATTENDANCE RATE SKYROCKETED

https://www.youtube.com/watch?v=9_1Rt1R4xbM

Step 1

- Watch and Listen

Step 2

- Remember

Step 3

- Imagine

Step 4

- Ask

Step 5

- Show You Care

CLASS ACTIVITY

Ask the class “How can you show empathy for one of your classmates, and how could they show empathy for these scenarios. Use the five steps to practice empathy skills. (Project Happiness, 2016).

SCENARIOS

- I WAS BULLIED ON THE PLAYGROUND.
- I DIDN'T GET PICKED FOR THE BASKETBALL TEAM.
- MY FRIEND WAS INVITED TO A PARTY, BUT I WASN'T INVITED.
- WE ARE FRIENDS ON INSTAGRAM, BUT SHE DIDN'T INIVITE ME TO THE PARTY SHE POSTED ABOUT

PROJECT HAPPINESS

- WWW.EDUTOPIA.ORG/PDFS/BLOGS/EDUTOPIA-TARAN-LESSON7**EMPATHY**.PDF

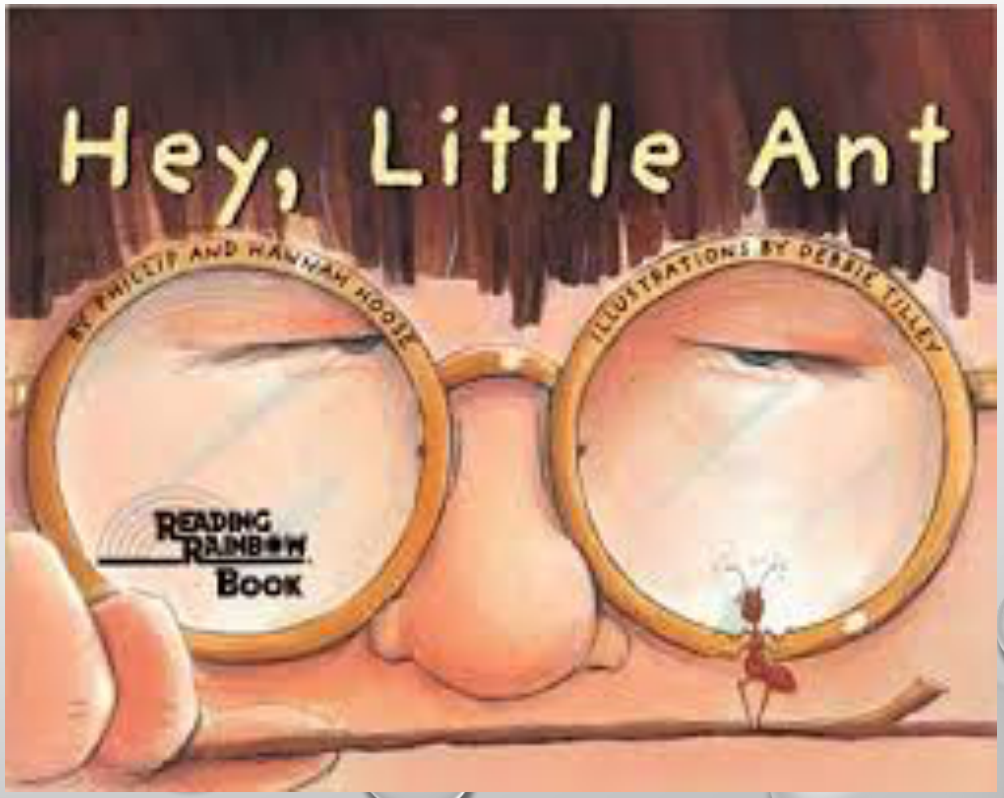
- YOU CAN GET A FULL LESSON PLAN FOR YOUR CLASS
- HOMEWORK LESSON PLAN FOR PARENTS

CLASSDOJO

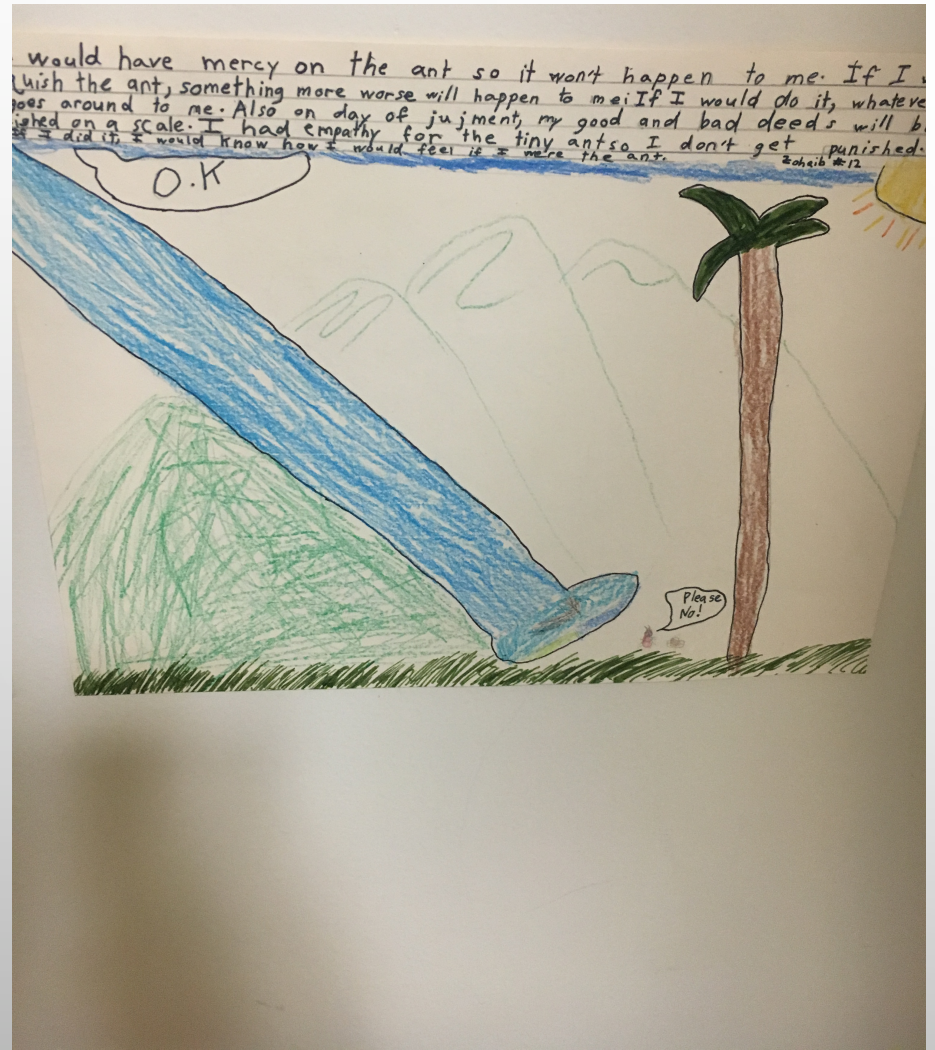
- HTTPS://IDEAS.CLASSDOJO.COM/B/EMPATHY

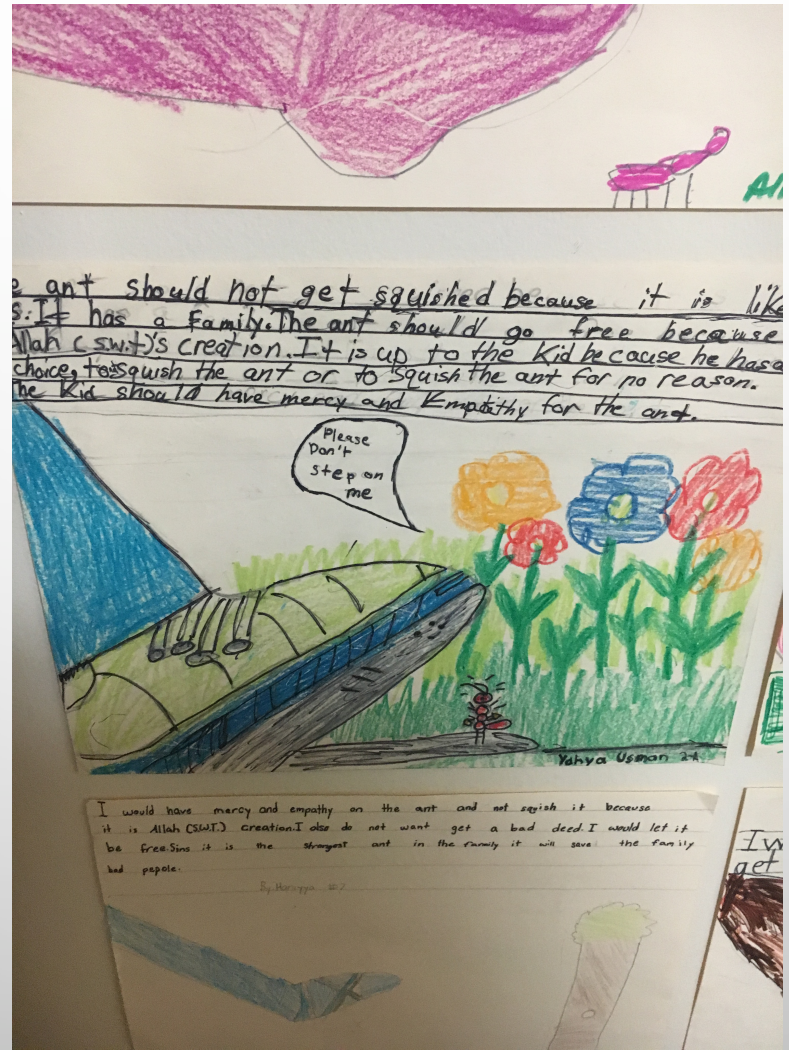
LITERACY

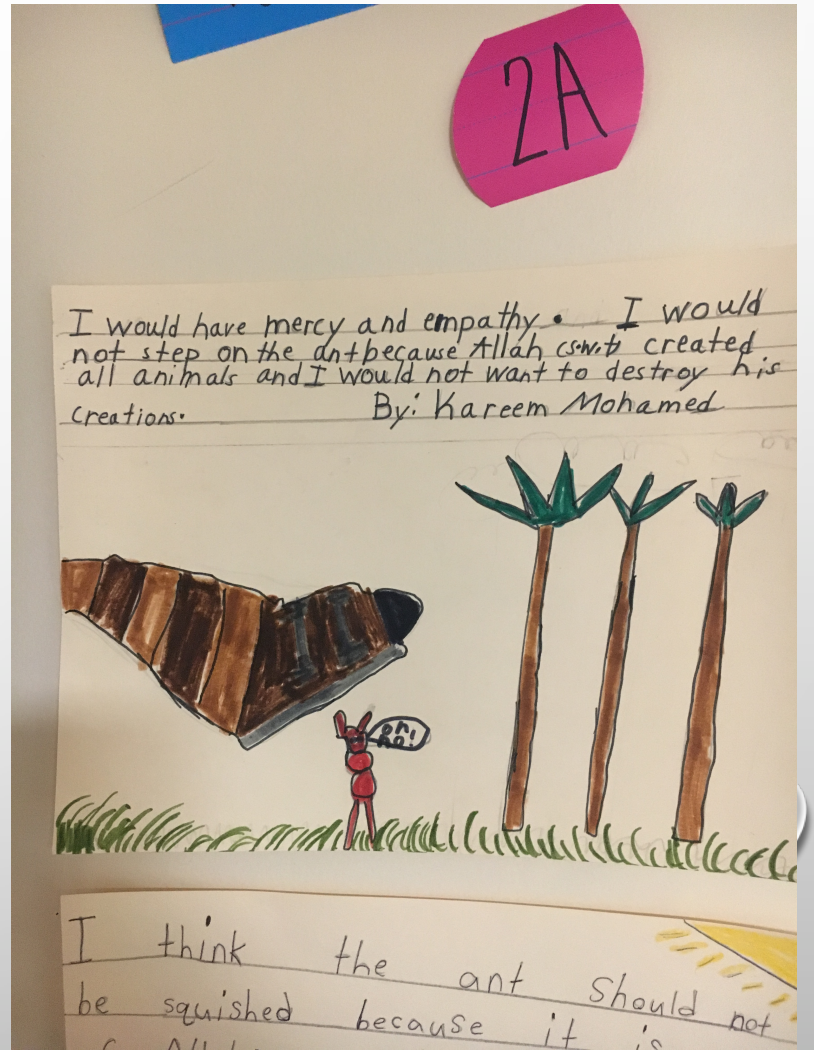
- “HEY, LITTLE ANT” BY: PHILLIP AND HANNAH HOOSE



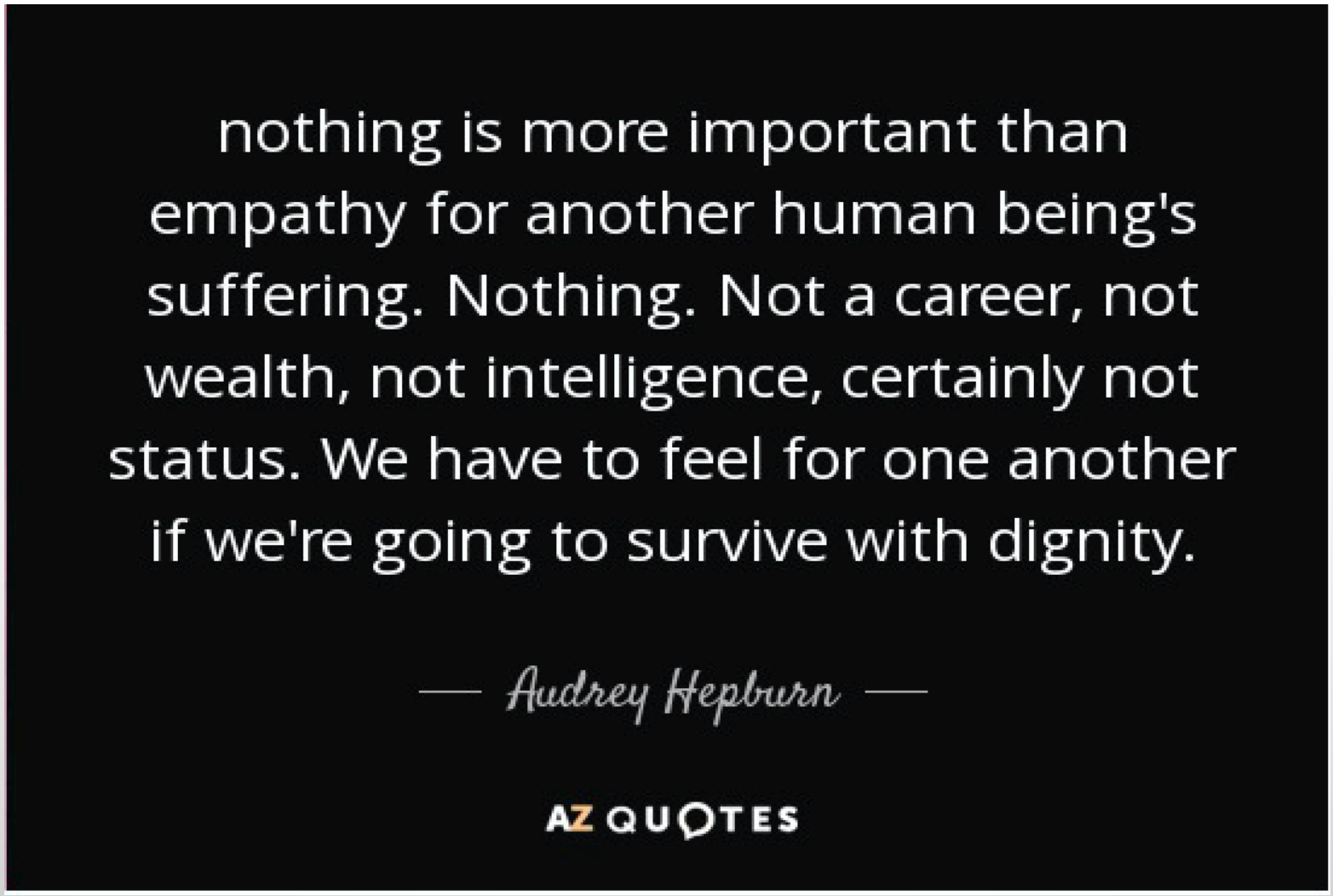
2A's Student Work







NOOR KIDS COMICS


nothing is more important than empathy for another human being's suffering. Nothing. Not a career, not wealth, not intelligence, certainly not status. We have to feel for one another if we're going to survive with dignity.
— Audrey Hepburn —
AZ QUOTES

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