

**Searching Within: The Ultimate Journey**  
**MYNA Program**

Friday, August 31, 2007

5:00 – 6:00 PM  
Room – 26 & 27

**Searching Within: The Ultimate Journey**

We see the branches bend but do we see the Divine wind behind its motion? Likewise we see believers bend in worship but have we become like dead branches with no life or love to root us? We see the sun, the moon, the earth, and fellow human beings, but do we see God, angels, heaven and hell with the same clarity as the concrete realities in this world? Islam is not merely a checklist of dos and don'ts with paradise and hell on the line, but a personal search within our hearts resulting in a profound love for what we do. Together, let us map the steps we must take to understand, embark on, and master this ultimate journey.

Speakers: Asma Mirza, Convention Chair, MYNA National Executive Board  
Moderator: Adam Hafeez

9:00- 10:30 PM  
Room – 26 & 27

**Turning Up the Volume: An Insight from the Artists**

The beat, the lyrics, the songs—we listen to them all the time. Come and watch your favorite Islamic artists in an interactive ENTERTAINMENT session for everyone. Not only will you see these artists perform, but you will get a chance to see what really goes on in the making of all those songs. Ask questions, be entertained, meet the artists, and share your ideas.

Speakers: Native Deen  
Moderator: Asma Wahab

Saturday, September 1, 2007

10:00 – 10:55 AM  
Room – 26 & 27

**Chicken Soup for the Muslim Soul**

We often look to friends, favorite artists, and pastimes when in need of comfort and inspiration . . . but how can we forget the power of the lessons of the Holy Book to ease our pain and lift our mood? Seek the lessons of the Quran and treat yourself to Allah's (swt) best remedy to enrich our soul.

Speakers: Ameena Jandali, Imam Zaid Shakir  
Moderator: Linda Amrou

11:05 – 12:45 PM  
Room – 26 & 27

**Open Spaces: Create Your Own Session**

You have secrets. Everybody does. But would you ever share them? That time you were offered a drink by a friend, but didn't know what to do. Or when your parents caught you talking to someone of the opposite gender, and you had no good explanation. Or how about that time you thought you might share your secrets with a Muslim friend of yours, but ended up being judged and looked down upon. You've listened to the lectures, heard the speakers, now it's time for YOU to get YOUR SAY. Speak whatever is on your mind and express yourself in a free and comfortable atmosphere. Come to the MYNA booth to make your

own topic, or simply show up to the session and see what everyone else is talking about. This is your space.

Speakers: You!

Moderator: Zaki Barzinji, Sarah Soliman

2:30 – 3:30 PM  
Room – 26 & 27

### **The Sahaba: Ordinary People Doing Extraordinary Things**

*“The best of my followers are those living in my generation.”* (Bukhari)  
They couldn't fly. They didn't have super strength. They didn't even have their own TV show. The companions of the Prophet (s) were ordinary people just like us . . . but what made them so special that Allah (swt) praised them specifically in His holy book? They were the great heroes of Islam whose sublime state of faith we strive to achieve. They were the companions of the Prophet (s) who embraced Islam with no other motive than to serve him. They were ordinary people with softened hearts and ironclad courage. In this session, we will learn how we can devote to righteousness, endure struggle, and serve our faith from our beloved origins.

Speakers: Imam Siraj Wahhaj, Habeeb Quadri

Moderator: Juwayria Ali

3:45 - 4:45 PM  
Room – 26 & 27

### **HALAL.COM**

With the creation of the Internet, a whole new world has been opened up to Muslim youth. This world can be fun, exciting, and useful, but it can also be addictive, wasteful, and we may find ourselves doing things we know we should not be. We frequently use sites like Facebook, MySpace, Youtube. But do we use them safely and in accordance to our religion? Is it okay to upload our pictures, music, videos, and contact information online? How much of our personal lives should we be sharing online? And could the time spent on the Internet be used for better purposes? Maybe sometimes seeing "The page cannot be displayed" is all for the better.

Speakers: Dr. Altaf Husain, Dr. Omar Mahmood

Moderator: Rahaf Safi

5:00 - 6:00 PM  
Room – 26 & 27

### **The Orphan Who Adopted the World**

We consider an orphan as one without much care and affection, one who has no father or mother of his or her own. But, have we forgotten the fact that our role model, a man who went through so much difficulty and pain, adopted not just one person, but the world? Yes, the Prophet (s)—a selfless orphan--cried for us, loved us, adopted us and brought to us Islam.

Speakers: Imam Muhammad Magid, Saad Quadri

Moderator: Rayyan Najeeb

6:30 – 8:00 PM  
Room – 26 & 27

### **Turning Up the Volume: Insight from the Artists [Round II]**

The beat, the lyrics, the songs—we listen to them all the time. Come and watch your favorite Islamic artists in an interactive ENTERTAINMENT session for everyone. Not only will you see these artists perform, but you will get a chance to see what really goes on in the making of all those songs. Ask questions, be entertained, meet the artists, and share your ideas.

Speakers: Ms. Latifah, Dawud Wharnsby Ali  
Moderator: Asma Wahab

Sunday, September 2, 2007

8:30 – 9:30 AM  
Room – 26 & 27

### **MYNA National Leadership Retreat Reunion Breakfast**

Alumni from the 2007 Annual National Leadership Retreat are invited to come together for a reunion breakfast and a chance to catch up, share reflections, and reconnect. Enjoy light entertainment and a few words from advisers/speakers/participants who attended the retreat.

Speakers: National Advisors, Participants

10:00 – 12:00 PM  
Room – 26 & 27

### **Open Spaces: Create Your Own Session [Round II]**

You have secrets. Everybody does. But would you ever share them? That time you were offered a drink by a friend, but didn't know what to do. Or when your parents caught you talking to someone of the opposite gender, and you had no good explanation. Or how about that time you thought you might share your secrets with a Muslim friend of yours, but ended up being judged and looked down upon. You've listened to the lectures, heard the speakers, now it's time for YOU to get YOUR SAY. Speak whatever is on your mind and express yourself in a free and comfortable atmosphere. Come to the MYNA booth to make your own topic, or simply show up to the session and see what everyone else is talking about. This is your space.

Speakers: You!  
Moderator: Zaki Barzinji, Sarah Soliman

12:00 – 12:30 PM  
Room – 25

### **Knowledge is Power: Strong and Healthy Muslims**

In this "image-oriented", "quick-fix" and "magic-pill" generation, the words "strength", "health" and "hard-work" have been all but lost and forgotten. Whether you're a competitive athlete, a professional "too busy to workout", an elderly, a teenager or a middle-aged mother, improving general strength and health is for EVERYONE. Whether you are looking to improve your performance on the field or just looking for some extra strength to help you get through your everyday activities, you can do it NATURALLY...Only if you believe in yourself.

Speakers: Yasser Haq  
Moderator: Shad Siddiqi

12:30 – 1:30 PM  
Room – 26 & 27

### **MYNA National Luncheon and Presentation**

Come have lunch with the national executive committee and advisers of MYNA. Learn how to get involved with the only organization truly run by and for the youth. This is *your* MYNA; voice your concerns and suggestions while learning how to take advantage of the many opportunities available to you . . . and grab some great food with your friends! Stop by the PR booth to pick up a ticket; hurry, seating is limited!

Speakers: MYNA National Executive Board, Dr. Altaf Husain

2:25 - 3:20 PM  
Room – 26 & 27

### **The Most Exalted: In His Name We Live**

*"Say. Surely my prayer and my sacrifice, and my life and my death are (all) for Allah, the Lord of the worlds."* Al-Anaam

In all our day's work—from the time we wake up until the time we go to bed—are all the sacrifices we endure and the prayers that we make all for the sake of Allah, the most praised and glorified? Learn how to truly dedicate yourself to the Most Exalted by setting your intentions straight and, Allah-willing, you can make the most mundane moments of your life acts of worship.

Speakers: Shaykh Abdalla Idris Ali, Kamran Riaz  
Moderator: Adeel Khan

3:30 - 4:25 PM  
Room – 26 & 27

### **One Small Step by Youth, One Giant Leap for the Ummah**

Small steps can mean starting a local Islamic group or teaching your little siblings a surah. Whatever the action is, all can lead to substantial results. As today's Muslim youth progress, we realize what we do not only affects the present, but opens a gateway to endless possibilities for generations to come.

Speaker: Rami Nashashibi, Monem Salam  
Moderator: Ziyad El-Baz

4:35 - 5:30 PM  
Room – 26 & 27

### **Actions Speak Louder than Words**

A familiar phrase we've heard since elementary school, yet still holds true. Some Muslim youth in this country speak to defend Islam, correct misconceptions, and spread the beauty of our Deen. The most essential part of this outreach is the actions that define us as assertive, integral members of our society at large.

Speakers: Dr. Jawad Shah, Hadia Mubarak  
Moderator: Azeem Ahmed

5:40-6:45 PM  
Room – 26 & 27

### **Adding Faith to our Faith: Realizing the Perfection of Our Deen**

In times of uncertainty, when apathy can strike us numb, when the distortion of our religion darkens the path, Islam's brilliant truth shines through the mirage of heedlessness. In our hearts, let us internalize Islam's perfection and let it radiate through everything we do.

Speakers: Imam Zaid Shakir, Shaykh Hamza Yusuf  
Moderator: Sarah Soliman

*The program in this booklet may have slight changes since its publication. For the most up-to-date information, please consult the MYNA program flyers that will be available at the MYNA PR and Bazaar booths. These will also be passed out during the day by MYNA volunteers.*